

January is Birth Defects Prevention Month

Did you know that an unborn child is not always protected from the outside world?

Fact: The placenta, which attaches a baby to the mother, is not a strong barrier. When a mother uses cigarettes, alcohol, or other drugs, or is exposed to infectious diseases, her baby is exposed also. If you have any questions about what you are putting in your body while pregnant, always talk to your doctor.



Family MATTERS
www.ppaccentral.org



Partners for Prevention
Allegheny County
www.ppaccentral.org