Names and Flavors Don’t Make It Safe

What to know about e-cigarettes

- Battery operated device that heats nicotine solution aka “e-juice”.
- Produces an aerosol, NOT water vapor.
- E-juice may contain nicotine.
- Nicotine is an addictive substance.
- E-juice can be poisonous if swallowed.
- E-juice can irritate the eyes and skin.
- Flavors and creative names can appeal to youth.
- E-cigarettes simulate the hand to mouth action of regular cigarettes, which can make it harder for some people to quit.

For information on Smoking Cessation Programs in Allegany County visit www.ppaccentral.org or contact Ann Weaver of the Allegany Council on Alcoholism and Substance Abuse at (585) 593-1920 x713.