

# Foundations for Leadership

An AMPLIFY-NY collaboration of Families Together in New York State, INCLUDEnyc, and Parent Network of Western New York



## Caregiver Workshop connected to Virtual Youth Leadership Forums (VYLF)

Learn tools and strategies for supporting the young people in your care as they grow into young leaders and transition into adulthood.

**Foundations for Leadership** is FREE workshop series connected to VYLFs and offered in the community for parents/caregivers of youth with disabilities that brings together both the family and youth perspective. We give caregivers the tools they need as a vital part of their transition team through teaching, modeling, and support.

**Parents/caregivers attend the workshop in close proximity of a virtual YLF** and participate in sessions providing the opportunity to support their child attending a new event, connect with their peers in order to support their own personal growth, and witness their child graduate VYLF with pride. Caregivers without youth participating in the VYLF are welcome as well!

## Upcoming Opportunities in 2020

Statewide Virtual Gathering: September 10 & 24 via Zoom

Questions? [RRivera@FTNYS.org](mailto:RRivera@FTNYS.org) or 518-432-0333 ext. 10.

**Families  
Together**  
in New York State

**include nyc**  
Love, equity, and access for young people with disabilities

**PARENT  
NETWORK**  
OF WESTERN NEW YORK