

# PROBLEM GAMBLING & MENTAL HEALTH

## KNOW THE NUMBERS:

**668,000**

**NEW YORKERS**

adults in New York State experienced problem gambling in the past year and may need treatment services (OASAS Household Survey, 2006)



**SUFFER**

**2/3**



of gamblers surveyed reported that their mental health suffered as a result of their gambling. (Nash et al, 2018)

**49%**

**MOOD DISORDERS**

of those struggling with gambling disorder also have a mood disorder. Forty-one percent (41%) also have an anxiety disorder. (Petry et al, 2005)



**SUICIDE**

**1 IN 5**



problem gamblers have attempted or died by suicide. (Moghaddam et al, 2015)

**HERE TO HELP**

If gambling is causing a problem in your life the Western Problem Gambling Resource Center is here to help!

**(716) 833-4274**