

STOP THE SPREAD of Health Misinformation

What is health misinformation?

It is information that is false, inaccurate, or misleading according to the best available evidence at the time.

The information is often posted on the internet, shared via text message, or email. But it can also be shared via pamphlets, posters, news outlets, or advertisements.



Common Types of Health Misinformation



- Memes and other images intended as a joke.
- Websites that use sensational headlines designed to make you click on them.
- Quotations where the beginning or end have been deleted to change the meaning.
- Misleading graphs or diagrams.
- Old images reposted as if they are recent.
- Videos that have been edited to change their meaning.



Health Misinformation Checklist

Check with the CDC or local health department to see whether there is any information about the claim being made.

Ask a credible health care professional such as your doctor if they have any additional information.

Type the claim into a search engine to see if it has been verified by a credible source.

Look at the "About Us" page on the website to see if you can trust the source.

If you're not sure, don't share.