

Using Naloxone during an Opioid Overdose



1 Assess and Call 911



- Attempt to wake up the individual by yelling their name or using your knuckle to rub their sternum
- Check the individual's breathing
- Call 911 immediately



Naloxone will only work to reverse an opioid overdose, no other substances

If suspected xylazine ingestion, do not delay calling 911 and giving naloxone

2 Administer Naloxone



- Peel back packaging and remove device
- Hold device with thumb on the plunger and 2 fingers on the nozzle
- Place and hold tip of the nozzle in either nostril until you touch the nose
- Press the plunger firmly to release dose into the individual's nose ***DO NOT TEST SPRAY***
- Repeat with second dose if no response after 2-3 minutes

3 Check Breathing



- If the individual isn't breathing, do rescue breaths if trained and comfortable
- Check to see if airway is clear
- Tilt person's head back, pinch nose closed, and open mouth
- Place your mouth over persons to make a seal and give 2 slow breaths
- Follow up with one breath every 5 seconds until person can breathe on their own

4 Stay and Assist



- Stay with the individual and monitor them
- Observe for withdrawal symptoms
- Place the individual on their side in the recovery position
- Naloxone wears off in 30 to 90 minutes
- Explain what happened to the first responders

Learn more at mattersnetwork.org

